Christmas:
A 'NEED TO KNOW'

Please let the Front Desk know by Monday, December 20th at noon if you plan to be away for Christmas dinner or supper.

Welcome to Heywood Wakefield Commons:

Rebecca Perron, Companion

Our Staff

Tom McMullen	Executive Director
Rheana Rodriguez	Resident Service Manager
Kristy Livingston	Director of Marketing & Admissions
Donna See	Activity Director
John Germano	Executive Chef
David Vaughan	Maintenance Director
Ursula Pelkey	Business Office Manager

Dear friends and family, Just a friendly reminder to please call us at 978-632-8292 to schedule your visits in advance, limit the number of visitors in the apartments to no more than 3, and social distance. We ask that you keep your mask on for the duration of your visit. If you have been travelling out of the area, please let us know; we may ask to complete a rapid covid test when you arrive for your visit. And if you are not feeling well, please postpone your visit. Thank you for helping us keep our residents and staff healthy.

GFA Federal Credit Union

On-Site Banking is offered on the 2nd Thursday of each month. GFA is located in the conference room on the 1st floor. Please contact the front desk if you are planning to meet with GFA Federal Credit Union.

Quote of the Month

"A good plan violently executed now is better than a perfect plan executed next week."

-George S. Patton

Resident Holiday Gift Ideas:

Personalized Music Playlist, iPod & Headphones
Postage Stamps ~
Salon Certificates ~
Newspaper Subscriptions ~
Toiletry Gift Baskets

Meetings

Newcomers 12/1 – 1:00pm
Coffee with a Cop 12/2 – 10:00am
Activities 12/6 – 11:15am
Food Committee 12/9 – 1:30pm
Resident Council 12/15 – 2:00pm
Coffee with Tom 12/16 – 10:00am

Educational Programs

The Great Courses: Wonders of the National Parks 12/6 & 12/27 - 2:00pm
12/16 - **Health Talk: : Beating the Winter Blues** – 2:00pm

Medical Services

NaviCare office hours TBD
Trans Care Podiatry appointments TBD, starting at 9:00 am
Blood Pressure Clinic 12/16 – 2:30pm

Upcoming Trips

12/9 **Shopping**: Wal-Mart @ 1:15pm
12/14 **Shopping**: Wal Mart @ 1:15pm

Special Events

11/29 – 12/3 Holiday Decorating
12/7 Resident Holiday Grab Bag – 2:00
12/13 December Birthday Party – 2:00
12/14 Card Crafting with Dee – 2:00
12/21 Resident Holiday Party – 2:00
12/29 Early New Year's Party – 2:00

Hey Thanks!

To Christy Hunt for her donation of Christmas cards

To Lisa Dyer and Kathy Richards for their donations for our Peanut Auctions

Heywood Wakefield COMMONS
An Assisted Living Residence

A New Place to Call Home in a Community that Cares

THE HAPPENINGS

50 Pine Street | Gardner, MA 01440 | 978-632-8292 | www.hwcommons.com

December 2021

Happy Holidays everyone! The season came upon us so quickly! As we are still undergoing a substantial number of Covid cases in the region, we need to continue to be very careful as we celebrate the season. I have included a letter from the State concerning visitations and precautions. Please read this, and remember our biggest risk right now is visits. Weekends have been really bogged down with UNSCHEDULED visits. Please, families, call to schedule your visits. Christmas will be minimally staffed at the desk, so you may need to call the in-house cell phone to be let in. This has been very difficult on the front desk team, and the holiday will only compound things. Please remember that with every visit comes a new risk of exposure. We have had several close calls after the fact about possible exposures. I need all of your help! If you suspect any risk of exposure, please do not visit. Your help is greatly appreciated.

Now, with winter's joys upon us, get those ugly sweater pictures in before Dec 17th! We will be judging our winners on the 20th, so you don't want to miss this chance at fame and holiday cheer. I hope that the coming year will bring many positive changes and opportunities for us all to get back to living the lives that we miss. Thank you for all of your support and encouragement through this unprecedented time. Happy Holidays!

Tom

A Note from Admissions

Social Security & SSI have announced that recipients will receive a cost-of-living adjustment of 5.9 % for 2022. You should receive a letter in the mail from Social Security verifying your 2022 benefits during the month of December. Please provide a copy of it to Kristy in Admissions. It is important that we take a copy of these letters so that we keep your annual income certifications up–to–date and accurate.

*Sign-up required **Guests welcome ($) Cost to attend

December 2021

* Please note that all Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Resident Birthdays Doris C. Dec. 8 Nancy F. Dec. 14 Barbara M. Dec. 20 Linda L. Dec. 23 Marie K. Dec. 31 Impi S. Dec. 31			1. 10:30 Exercise 11:00 Daily Word Puzzles 1:00 Newcomers' Group 2:00 Bingo 3:30 Social Hour 6:00 Wednesday Movie: Christmas in Connecticut	2. 10:00 Coffee with a Cop 10:30 Exercise 11:00 Daily Word Puzzles 1:00 Dvd Concert Special: Andrea Bocelli & David Foster 3:30 Social Hour 6:00 Cribbage Club	3. 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Walking Club 2:00 Catholic Mass 3:30 Social Hour 6:00 Friday Movie: A Christmas Story	4. 10:30 Exercise 11:00 Daily Word Puzzles 1:30 Wii Bowling 3:30 Social Hour
5. 10:00 Rosary 11:00 Daily Word Puzzles 1:00 Sunday Christian Service 2:00 Bingo 3:30 Social Hour	6. 10:30 Exercise 11:00 Daily Word Puzzles 11:15 Activity Meeting 2:00 The Great Courses: Wonders of the National Parks 3:30 Social Hour 6:00 Monday Miniseries: Chesapeake Shores	7. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Holiday Grab Bag 3:30 Social Hour 6:00 Scrabble Club Manicures by Appointment*	8. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Bingo 3:30 Social Hour 6:00 Wednesday Movie: Home Alone	9. 10:00 GFA Banking* 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Wal Mart Shopping* 1:30 Friday Movie on Tuesday 3:30 Social Hour 6:00 Cribbage Club	10. 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Walking Club 2:00 Virtual Catholic Mass 3:30 Social Hour 6:00 Friday Movie: Polar Express	11. 10:30 Exercise 11:00 Daily Word Puzzles 1:30 Wii Bowling 3:30 Social Hour
12. 10:00 Rosary 11:00 Daily Word Puzzles 1:00 Sunday Christian Service 2:00 Bingo 3:30 Social Hour	13. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Birthday Party with Andy Ross 3:30 Social Hour 6:00 Monday Miniseries: Chesapeake Shores	14. 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Wal Mart Shopping* 1:30 Friday Movie on Tuesday 2:00 Card Crafting with Dee 3:30 Social Hour 6:00 Scrabble Club Manicures by Appointment*	15. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Resident Council 3:30 Social Hour 6:00 Wednesday Movie: Scrooged	16. 10:00 Coffee with Tom 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Walking Club 2:00 Health Talk: Beating the Winter Blues 2:30 Blood Pressure Clinic 3:30 Social Hour 6:00 Cribbage Club	17. 10:30 Exercise 11:00 Daily Word Puzzles 1:00 Balloon Badminton 2:00 Virtual Catholic Mass 3:30 Social Hour 6:00 Friday Movie: White Christmas	18. 10:30 Exercise 11:00 Daily Word Puzzles 1:30 Wii Bowling 3:30 Social Hour
19. 10:00 Rosary 11:00 Daily Word Puzzles 1:00 Sunday Christian Service 2:00 Bingo 3:30 Social Hour	20. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Ugly Sweater Contest Judging 3:30 Social Hour 6:00 Monday Miniseries: Chesapeake Shores	21. 10:30 Exercise 11:00 Daily Word Puzzles 1:30 Friday Movie on Tuesday 2:00 Holiday Party with Gary Landgren 3:30 Social Hour 6:00 Scrabble Club **Winter Begins**	22. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Bingo 3:30 Social Hour 6:00 Wednesday Movie: It's a Wonderful Life	23. 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Walking Club 2:00 Name That Holiday Tune 3:30 Social Hour 6:00 Cribbage Club	24. 10:30 Exercise 11:00 Daily Word Puzzles 1:00 Holiday Trivia 2:00 Virtual Catholic Mass 3:30 Social Hour 6:00 Friday Movie: A Christmas Carol **Christmas Eve**	25. **Christmas Day**
26. 10:00 Rosary 11:00 Daily Word Puzzles 1:00 Sunday Christian Service 2:00 Bingo 3:30 Social Hour	27. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 The Great Courses: Wonders of the National Parks 3:30 Social Hour 6:00 Monday Miniseries: Chesapeake Shores	28. 10:30 Exercise 11:00 Daily Word Puzzles 1:30 Friday Movie on Tuesday 2:00 Cribbage 3:30 Social Hour 6:00 Scrabble Club	29. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Early New Year's Casino Party 3:30 Social Hour 6:00 Wednesday Movie: Elf	30. 10:30 Exercise 11:00 Daily Word Puzzles 2:00 Bingo 3:30 Social Hour 6:00 Cribbage Club	31. 10:30 Exercise 11:00 Daily Word Puzzles 1:15 Walking Club 2:00 Virtual Catholic Mass 3:30 Social Hour 6:00 Friday Movie: Holiday Inn **New Year's Eve**	

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Virtual Ugly Holiday Sweater Contest

WHO WEARS THE WORST THE BEST?

Take a photo of yourself wearing your ugliest holiday sweater and direct message it to us on our facebook page (@hwcommons) or email it to klivingston@hwcommons.com **by 12/17/2021**.

Our panel of resident judges will award prizes for:

Ugliest

Cutest

Most Festive

Win Gift Cards from Local Businesses!

Winners will be announced on 12/20/2021

Heywood Wakefield Commons reserves the right to disqualify entries deemed inappropriate. All contest participants give permission to Heywood Wakefield Commons to use their photograph on social media and for publicity purposes.